



VIBRANT LIVING PROGRAM

Purpose | Curiosity | Creativity | Fun
GRACE MGMT INC.

Sample Life Enrichment Calendar



SUNDAY

9:00 AM

Walking Club

9:30 AM

Non-Denominational Service

11:00 AM

Ladies Lunch Bunch

2:00 PM

Movie Matinee

4:00 PM

Billiards Competition

6:00 PM

Book Club

MONDAY

9:30 am

Fit Chi

10:00 am

Resident Council Meeting

11:30 AM

Lunch and Learn: A Grand Tour of Italy

1:00 PM

Elementary School Reading Corner

2:00 PM

Strength Training

6:00 PM

Signature Event

TUESDAY

9:00 AM

Living Gracefully Spirit Day

11:00 AM

Art Therapy: Creative Coloring

12:00 PM

One Day University Program

1:00 PM

Creative Celebration Day Event

3:00 PM

Bible Study

6:00 PM

Trivia Tuesday

WEDNESDAY

9:00 AM

Balance Class

10:30 AM

Walking Club

12:00 PM

Craft Club: Jewelry Making

1:00 PM

Food Committee Meeting

2:30 PM

Bingo!

4:00 PM

Virtual Bowling

6:00 PM

Movie Night

THURSDAY

9:00 AM

Gardening Club

10:30 AM

Community Ambassador Event - Welcome New Residents!

12:00 PM

Cooking Demo & Trivia

1:00 PM

Art Therapy: Creative Coloring

3:30 PM

Strength and Stretch Class

7:00 PM

Alzheimer's Caregivers Support Group

FRIDAY

9:00 AM

Chair Yoga Class

12:00 PM

Chair Boxing Class

1:00 PM

Virtual Bowling

2:30 PM

One Day University Program

4:00 PM

Petting Zoo

6:00 PM

Signature Cocktail Social

SATURDAY

9:00 AM

Morning Stretch

10:30 AM

Bridge Group

12:00 PM

Gardening Club

12:00 PM

League of Men Lunch

1:00 PM

Chair Boxing Class

3:00 PM

Graceful Giving Program Volunteer Event

6:00 PM

Happy Hour